

# 18 THINGS

that could help if you or someone you know is struggling with **day to day living costs**.

[www.swindon.gov.uk/costofliving](http://www.swindon.gov.uk/costofliving)

Scan this QR code with your smartphone's camera or a QR code reader app to check what help and support is available:



**Or call Citizens Advice Swindon: 0808 278 7813**

Monday to Friday from 10am - 4pm

### **Drop in Service**

Sanford House Thursday 10am - 1pm

or Cavendish Square Tuesday 10am - 1pm

They provide advice for all types of problems, including if you're struggling to pay for food.

**citizens  
advice**

Swindon



**SWINDON**  
BOROUGH COUNCIL